To obtain CME credit for the 9th Annual Women's Heart & Vascular Symposium, *Texas Heart Institute Journal* section, you must:

1. Carefully read the CME-designated articles marked with a ★ in this issue of the *Journal*.
2. Answer the assessment questions below. A grade of 80% must be attained to receive CME credit.
3. Complete the brief evaluation.
4. Claim your CME credit by mailing the completed assessment and evaluation to the THI Office of CME: 6770 Bertner Ave., MC 3-276, Houston, TX 77030.
5. The THI Office of CME will grade the assessment; if the score is 80% or higher, a certificate indicating the number of credits earned for participation in the activity will be mailed to you at the address you provide.

Evaluation/Feedback

For assistance with this activity, please contact the Texas Heart Institute Office of CME by telephone (832-355-9100) or by e-mail (cme@texasheart.org).

Assessment Questions

1. According to recent American Diabetes Association guidelines, which antihyperglycemic agents are recommended for use in addition to metformin in patients with established atherosclerotic cardiovascular disease?

   a. Sodium glucose cotransporter 2 (SGLT2) inhibitors
   b. Glucagon-like peptide 1 (GLP-1) receptor agonists
   c. Sulfonylureas
   d. a and b

2. The incidence of acute coronary syndrome in women rises sharply after menopause.

   a. True
   b. False

3. Women with acute coronary syndrome often present with atypical symptoms such as upper back, neck, and jaw pain.

   a. True
   b. False

4. The 2018 ACC/AHA/multisociety cholesterol management guideline recommends the use of coronary artery calcium score for risk stratification in all patients with a 10-year atherosclerotic cardiovascular disease risk between 5% and 30%.

   a. True
   b. False

5. Which of the following pathophysiologic disorders are more often seen in women than in men?

   a. Plaque erosion
   b. Takotsubo cardiomyopathy
   c. Spontaneous coronary artery dissection
   d. All of the above

Using the scale, rate the following:	**Poor**	**Fair**	**Good**	**Excellent**
Relevance of information to your work	1	2	3	4
How well did the section meet its stated learning objectives?	1	2	3	4
	None	**Some**	**Considerably**	**Exceptionally**
Do you believe this activity has contributed to your medical knowledge and skills?	1	2	3	4
Will the information that you received change your medical practice behavior?	1	2	3	4

In your opinion, was the information presented fairly and without commercial or promotional bias? ☐ Yes ☐ No

Please record one fact or idea that you gained from the section that will be useful to your care of patients.

_____

Comments _____

_____

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