## To obtain CME credit for The Ali Massumi Cardiac Arrhythmia Symposium, *Texas Heart Institute Journal* section, you must:

- 1. Carefully read the CME-designated articles marked with a  $\bigstar$  in this issue of the *Journal*.
- 2. Answer the assessment questions below. A grade of 80% must be attained to receive CME credit.
- 3. Complete the brief evaluation.
- 4. Claim your CME credit by mailing the completed assessment and evaluation to the THI Office of CME: 6770 Bertner Ave., MC 3-276; Houston, TX 77030
- 5. The THI Office of CME will grade the assessment. If the score is 80% or higher, a certificate indicating the number of credits earned for participation in the activity will be mailed to you at the address you provide.

## **Evaluation/Feedback**

For assistance with this activity, please contact the Texas Heart Institute Office of CME by telephone (832-355-9100) or by e-mail (cme@texasheart.org).

## **Assessment Questions**

- 1. The principle of ALARA (as low as reasonably achievable) refers to limiting radiation exposure to the patient only.
  - a. True
  - b. False
- 2. A patient with ischemic cardiomyopathy who has an LVEF ≤0.35 and NYHA class II/III symptoms despite guideline-directed medical therapy, and who has undergone coronary revascularization ≥90 days previously, meets class IA indications for an implantable cardioverter-defibrillator as primary prevention of sudden cardiac death.
  - a. True
  - b. False
- The left atrial appendage is the major site of thrombus formation in nonvalvular atrial fibrillation (AF) and is responsible for more than 90% of thrombus formations in patients with AF.
  - a. True
  - b. False

- Medications that may be used to treat postural orthostatic tachycardia syndrome include β-blockers, midodrine, fludrocortisone, central sympatholytic agents, pyridostigmine, ivabradine, octreotide, and erythropoietin.
  - a. True
  - b. False
- 5. Patients with ventricular tachycardia/fibrillation of reversible cause should directly undergo ICD implantation.
  - a. True
  - b. False

Using the scale, rate the following:	Poor	Fair	Good	Excellent
Delevenee of information to your work	Poor	rair	Good	
Relevance of information to your work	ı	Z	3	4
How well did the section meet its stated learning objectives?	1	2	3	4
	None	Some	Considerably	Exceptionally
Do you believe this activity has contributed to your medical knowledge and skills?	1	2	3	4
Will the information that you received change your medical practice behavior?	1	2	3	4

In your opinion, was the information presented fairly and without commercial or promotional bias?			□No	
Please record one fact or idea that you gained fro	m the section that will be useful to your care of pat	ients.		
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