

To obtain CME credit for the 8th Annual Women's Heart & Vascular Symposium: Emerging Strategies to Impact Women's Health and Longevity, *Texas Heart Institute Journal* section, you must:

1. Carefully read the CME-designated articles marked with a ★ in this issue of the *Journal*.
2. Answer the assessment questions below. A grade of 80% must be attained to receive CME credit.
3. Complete the brief evaluation.
4. Claim your CME credit by mailing the completed assessment and evaluation to the THI Office of CME:
6770 Bertner Ave., MC 3-276; Houston, TX 77030
5. The THI Office of CME will grade the assessment; if the score is 80% or higher, a certificate indicating the number of credits earned for participation in the activity will be mailed to you at the address you provide.

Evaluation/Feedback

For assistance with this activity, please contact the Texas Heart Institute Office of CME by telephone (832-355-9100) or by e-mail (cme@texasheart.org).

Assessment Questions

1. Doses of aspirin above 325 mg are superior to lower doses at reducing the risk of cardiovascular events.
 - a. True
 - b. False
2. Heart failure is primarily a genetic disease.
 - a. True
 - b. False
3. The following are risk factors for increased cardiovascular disease risk in women, except:
 - a. Large LDL particles
 - b. Smoking
 - c. Diabetes mellitus
 - d. Hypertension
4. Patients 50 to 59 years old should receive aspirin therapy for prevention of cardiovascular disease and colorectal cancer if
 - a. They have a low bleeding risk.
 - b. Their life expectancy is more than 10 years.
 - c. They are willing to take aspirin for at least 10 years.
 - d. All of the above
5. Women are less likely than men to receive prompt treatment for carotid stenosis after stroke.
 - a. True
 - b. False

| Using the scale, rate the following: | | | | |
|--|-------------|-------------|---------------------|----------------------|
| | Poor | Fair | Good | Excellent |
| Relevance of information to your work | 1 | 2 | 3 | 4 |
| How well did the section meet its stated learning objectives? | 1 | 2 | 3 | 4 |
| | None | Some | Considerably | Exceptionally |
| Do you believe this activity has contributed to your medical knowledge and skills? | 1 | 2 | 3 | 4 |
| Will the information that you received change your medical practice behavior? | 1 | 2 | 3 | 4 |

In your opinion, was the information presented fairly and without commercial or promotional bias? Yes No

Please record one fact or idea that you gained from the section that will be useful to your care of patients.

Comments _____

Print your name _____ Signature _____

Address _____

City _____ State _____ Postal Code _____

E-mail address _____